

**VIC HIGH PARENT ADVISORY COUNCIL
INVITES ALL VICTORIA AREA PARENTS TO ATTEND:**

Parent Information Night

Talk to your kids about substance use and overdose prevention

Thursday, January 26, 2017, 7 pm

Victoria High School Auditorium,
1260 Grant Street



With a panel of speakers from:

Island Health
Victoria Police
Victoria Youth Clinic
BC Ambulance
Victoria High School

Learn about:

Conversation skills and how to talk to your kids about avoiding harmful substance use
How to build your children's resilience and self-confidence by showing love and concern
What is happening in our community around youth substance use
Steps to take to prevent overdoses if you know someone using drugs
Websites and supportive services and programs

More information: pacvichigh@gmail.com